

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO							
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F					
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	269	107.6	13:55:55	185.3	07:46
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	244	97.6	13:36:22	/	08:21
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	209	83.6	12:41:44	/	09:06
4	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	194	77.6	13:55:54	133.7	10:46
5	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	175	70.0	13:59:03	120.2	11:59
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	128	51.2	12:01:59	/	14:06

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	313	125.2	13:59:12	214.8	06:42	
2	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	304	121.6	13:58:10	208.8	06:53	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	297	118.8	13:57:55	204.2	07:03	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	288	115.2	13:57:55	198.0	07:16	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	281	112.4	13:59:55	192.7	07:28	
6	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	276	110.4	13:59:12	189.4	07:36	
7	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	257	102.8	13:58:41	176.4	08:09	
8	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	256	102.4	13:58:16	175.9	08:11	
9	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	253	101.2	13:45:57	176.4	08:09	
10	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	248	99.2	13:59:54	170.2	08:28	
11	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	246	98.4	13:58:05	169.0	08:31	
12	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	244	97.6	13:58:06	167.8	08:35	
13	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	238	95.2	13:55:55	163.9	08:46	
14	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	233	93.2	13:59:00	160.1	09:00	
15	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	224	89.6	13:56:35	154.3	09:20	
16	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	218	87.2	13:58:14	149.8	09:36	
17	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	213	85.2	13:54:09	147.1	09:47	
18	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	210	84.0	13:58:14	144.2	09:58	
19	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	209	83.6	13:58:50	143.5	10:02	
20	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	203	81.2	13:59:00	139.4	10:19	
21	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
22	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	202	80.8	13:54:37	139.4	10:19	
23	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	198	79.2	13:55:04	136.6	10:32	
24	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	165	66.0	14:00:00	113.0	12:43	
25	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	147	58.8	13:58:16	101.0	14:15	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	114	45.6	08:59:24	/	11:49	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	