

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	255	102.0	12:58:36	188.6	07:37	
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	233	93.2	12:59:52	172.1	08:22	
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	209	83.6	12:41:44	/	09:06	
4	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
5	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	183	73.2	12:56:56	135.6	10:36	
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	162	64.8	12:56:22	120.2	11:58	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	128	51.2	12:01:59	/	14:06	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	298	119.2	12:57:27	220.8	06:31	
2	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	289	115.6	12:59:26	213.6	06:44	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	279	111.6	12:59:02	206.4	06:58	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	270	108.0	12:59:02	199.7	07:12	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	263	105.2	12:58:20	194.6	07:23	
6	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	259	103.6	12:56:42	192.0	07:29	
7	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	249	99.6	12:57:57	184.3	07:48	
8	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	244	97.6	12:57:22	180.7	07:57	
9	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	235	94.0	12:56:43	174.2	08:15	
10	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	233	93.2	13:00:00	172.1	08:22	
11	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	232	92.8	12:59:27	171.4	08:23	
12	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	229	91.6	12:56:43	169.9	08:28	
13	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	228	91.2	12:58:37	168.7	08:32	
14	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	224	89.6	12:57:50	165.8	08:40	
15	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	209	83.6	12:56:22	155.0	09:17	
16	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	205	82.0	12:58:42	151.7	09:29	
17	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
18	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	199	79.6	12:56:08	147.6	09:45	
19	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	197	78.8	12:59:09	145.7	09:53	
20	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	196	78.4	12:01:09	/	09:11	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	191	76.4	12:59:26	141.1	10:12	
22	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	189	75.6	12:58:01	139.9	10:17	
23	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	186	74.4	12:56:27	138.0	10:26	
24	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	163	65.2	10:59:56	/	10:07	
25	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	140	56.0	12:56:06	103.9	13:51	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	114	45.6	08:59:24	/	11:49	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	