

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	202	80.8	09:59:29	194.2	07:25	
2	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
3	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	188	75.2	09:59:47	180.5	07:58	
4	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	171	68.4	09:56:55	165.1	08:43	
5	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	151	60.4	09:56:51	145.7	09:52	
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	138	55.2	09:55:30	133.4	10:47	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	108	43.2	09:53:30	104.9	13:44	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	238	95.2	09:57:35	229.4	06:16	
2	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	231	92.4	09:59:25	222.0	06:29	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	219	87.6	09:53:38	212.4	06:46	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	214	85.6	09:59:37	205.7	07:00	
5	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	211	84.4	09:59:46	202.6	07:06	
6	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	209	83.6	09:58:00	201.4	07:09	
7	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
8	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	202	80.8	09:57:46	194.6	07:23	
9	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	200	80.0	09:58:27	192.5	07:28	
10	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	194	77.6	09:59:33	186.5	07:43	
11	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	190	76.0	09:56:35	183.4	07:50	
12	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	189	75.6	09:54:33	183.1	07:51	
13	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	187	74.8	09:59:50	179.5	08:01	
14	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	183	73.2	10:00:00	175.7	08:11	
15	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	182	72.8	09:57:30	175.4	08:12	
16	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	177	70.8	09:57:12	170.6	08:26	
17	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	175	70.0	09:59:52	168.0	08:34	
18	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	164	65.6	09:59:36	157.4	09:08	
19	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	159	63.6	09:59:01	152.9	09:25	
20	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	156	62.4	09:59:24	150.0	09:36	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	151	60.4	09:56:07	145.9	09:52	
22	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	149	59.6	09:58:52	143.3	10:02	
23	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	148	59.2	09:56:42	142.8	10:04	
24	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	147	58.8	09:56:19	142.1	10:08	
25	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
26	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	114	45.6	08:59:24	/	11:49	
27	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	
28	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	110	44.0	09:55:30	106.3	13:32	