

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	237	94.8	11:58:12	190.1	07:34	
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	214	85.6	11:56:08	172.1	08:21	
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	199	79.6	11:56:19	160.1	08:59	
4	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
5	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	171	68.4	11:55:45	137.5	10:27	
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	155	62.0	11:57:15	124.6	11:34	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	127	50.8	11:56:32	102.0	14:06	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	277	110.8	11:59:55	221.5	06:29	
2	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	273	109.2	11:58:50	218.6	06:34	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	259	103.6	11:58:15	207.6	06:55	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	250	100.0	11:58:15	200.4	07:10	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	246	98.4	11:56:53	197.8	07:17	
6	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	242	96.8	11:56:23	194.6	07:24	
7	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	236	94.4	11:57:03	189.6	07:35	
8	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	231	92.4	11:59:46	184.8	07:47	
9	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	227	90.8	11:49:59	184.1	07:49	
10	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	217	86.8	11:59:51	173.5	08:17	
11	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	216	86.4	11:56:20	173.8	08:17	
12	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	215	86.0	11:57:48	172.6	08:20	
13	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	214	85.6	11:56:19	172.1	08:22	
14	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	209	83.6	11:55:45	168.2	08:33	
15	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
16	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	202	80.8	11:59:54	161.5	08:54	
17	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	195	78.0	11:48:16	158.6	09:04	
18	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	192	76.8	11:56:41	154.3	09:19	
19	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	188	75.2	11:58:06	150.7	09:32	
20	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	185	74.0	11:56:27	148.8	09:40	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	178	71.2	11:58:51	142.6	10:05	
22	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	177	70.8	11:59:38	141.6	10:09	
23	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	175	70.0	11:59:26	140.2	10:16	
24	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	163	65.2	10:59:56	/	10:07	
25	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	127	50.8	11:50:56	103.0	13:59	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	114	45.6	08:59:24	/	11:49	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	