

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO							
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F					
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km
1	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	71	28.4	02:58:48	228.7	06:17
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	68	27.2	02:57:03	221.3	06:30
3	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	68	27.2	02:58:10	219.8	06:32
4	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	61	24.4	02:57:53	197.5	07:17
5	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	52	20.8	02:58:40	167.8	08:35
6	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	51	20.4	02:58:18	164.9	08:44
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	38	15.2	02:56:10	124.3	11:35

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	79	31.6	02:57:46	256.1	05:37
2	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	79	31.6	02:59:30	253.4	05:40
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	78	31.2	02:58:14	252.0	05:42
4	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	78	31.2	02:59:25	250.3	05:45
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	78	31.2	02:59:32	250.3	05:45
6	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	76	30.4	02:58:05	245.8	05:51
7	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	75	30.0	02:58:13	242.4	05:56
8	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	74	29.6	02:59:29	237.6	06:03
9	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	72	28.8	02:58:13	232.8	06:11
10	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	72	28.8	02:59:32	231.1	06:14
11	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	71	28.4	02:58:14	229.4	06:16
12	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	71	28.4	02:59:38	227.8	06:19
13	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	70	28.0	02:59:05	225.1	06:23
14	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	69	27.6	02:58:40	222.5	06:28
15	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	65	26.0	02:58:30	209.8	06:51
16	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	64	25.6	02:57:41	207.6	06:56
17	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	63	25.2	02:55:32	206.6	06:57
18	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	61	24.4	02:59:22	195.8	07:21
19	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	60	24.0	02:58:24	193.7	07:25
20	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	56	22.4	02:58:50	180.5	07:58
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	55	22.0	02:55:32	180.5	07:58
22	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	55	22.0	02:59:14	176.6	08:08
23	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	52	20.8	02:58:02	168.2	08:33
24	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	50	20.0	02:54:32	165.1	08:43
25	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	46	18.4	02:56:11	150.5	09:34
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	46	18.4	02:57:15	149.5	09:37
27	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	44	17.6	02:56:45	143.3	10:02
28	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	38	15.2	02:59:02	122.2	11:46