

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	373	149.2	21:56:13	163.2	08:49	
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	342	136.8	21:56:59	149.5	09:37	
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	291	116.4	21:57:30	127.2	11:19	
4	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	276	110.4	21:57:42	120.7	11:56	
5	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	269	107.6	21:59:41	117.4	12:15	
6	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	128	51.2	12:01:59	/	14:06	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	455	182.0	21:59:06	198.7	07:14	
2	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	436	174.4	21:59:05	190.3	07:33	
3	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	429	171.6	21:59:16	187.2	07:41	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	422	168.8	21:56:59	184.6	07:48	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	381	152.4	21:57:51	166.6	08:38	
6	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	377	150.8	21:59:13	164.6	08:44	
7	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	376	150.4	21:47:55	165.6	08:41	
8	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	359	143.6	21:56:25	157.2	09:10	
9	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	357	142.8	21:52:12	156.7	09:11	
10	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	333	133.2	21:59:12	145.4	09:54	
11	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	314	125.6	21:56:39	137.3	10:28	
12	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	314	125.6	21:57:07	137.3	10:29	
13	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	314	125.6	21:57:58	137.3	10:29	
14	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	311	124.4	21:57:42	135.8	10:35	
15	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	307	122.8	21:59:32	133.9	10:44	
16	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	288	115.2	21:57:14	126.0	11:26	
17	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	286	114.4	21:59:12	124.8	11:31	
18	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	276	110.4	21:57:31	120.7	11:56	
19	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	266	106.4	21:57:30	116.4	12:22	
20	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	261	104.4	21:57:37	114.0	12:37	
21	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	256	102.4	19:10:16	/	11:13	
22	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	253	101.2	13:45:57	/	08:09	
23	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	250	100.0	17:46:25	/	10:39	
24	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	207	82.8	21:58:44	90.5	15:55	
25	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	115	46.0	18:11:41	/	23:43	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	