

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	138	55.2	05:59:36	221.0	06:30	
2	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	127	50.8	05:59:18	203.5	07:04	
3	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	122	48.8	05:57:11	196.8	07:19	
4	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	112	44.8	05:59:47	179.3	08:01	
5	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	96	38.4	05:59:43	153.8	09:22	
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	94	37.6	05:57:08	151.7	09:29	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	72	28.8	05:56:17	116.4	12:22	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	150	60.0	05:57:05	241.9	05:57	
2	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	150	60.0	05:59:37	240.2	05:59	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	142	56.8	05:59:55	227.3	06:20	
4	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	139	55.6	05:59:08	223.0	06:27	
5	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	139	55.6	05:59:55	222.5	06:28	
6	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	138	55.2	05:57:38	222.2	06:28	
7	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	133	53.2	05:57:43	214.1	06:43	
8	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	132	52.8	05:59:59	211.2	06:49	
9	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	131	52.4	05:59:23	210.0	06:51	
10	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	130	52.0	05:58:15	209.0	06:53	
11	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	129	51.6	05:51:14	211.4	06:48	
12	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	128	51.2	05:58:16	205.7	06:59	
13	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	125	50.0	05:59:56	200.2	07:11	
14	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	121	48.4	05:59:09	194.2	07:25	
15	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	120	48.0	05:57:48	193.2	07:27	
16	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	115	46.0	05:59:14	184.3	07:48	
17	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	115	46.0	05:59:57	184.1	07:49	
18	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	109	43.6	05:59:08	174.7	08:14	
19	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	100	40.0	05:56:44	161.5	08:55	
20	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	99	39.6	05:57:09	159.6	09:01	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	96	38.4	05:56:03	155.3	09:16	
22	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	96	38.4	05:59:47	153.6	09:22	
23	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	94	37.6	05:58:37	151.0	09:32	
24	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	94	37.6	05:59:49	150.5	09:34	
25	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	93	37.2	05:52:48	151.9	09:29	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	84	33.6	05:57:48	135.1	10:38	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	77	30.8	05:56:44	124.3	11:34	
28	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	77	30.8	05:58:31	123.6	11:38	