

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	358	143.2	20:59:10	163.7	08:47	
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	331	132.4	20:49:26	152.6	09:26	
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	278	111.2	20:59:10	127.2	11:19	
4	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	265	106.0	20:56:54	121.4	11:51	
5	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	252	100.8	20:59:06	115.2	12:29	
6	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	128	51.2	12:01:59	/	14:06	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	437	174.8	20:59:39	199.9	07:12	
2	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	418	167.2	20:59:37	191.0	07:32	
3	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	413	165.2	20:59:42	188.9	07:37	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	407	162.8	20:58:40	186.2	07:43	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	368	147.2	20:59:11	168.2	08:33	
6	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	366	146.4	20:58:05	167.5	08:35	
7	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	356	142.4	20:57:53	163.0	08:50	
8	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	345	138.0	20:57:51	157.9	09:06	
9	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	344	137.6	20:56:25	157.7	09:07	
10	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	322	128.8	20:59:07	147.4	09:46	
11	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	303	121.2	20:55:04	139.0	10:21	
12	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	301	120.4	20:55:47	138.0	10:25	
13	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	300	120.0	20:56:55	137.5	10:28	
14	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	299	119.6	20:56:17	137.0	10:30	
15	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	291	116.4	20:59:41	133.0	10:49	
16	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	282	112.8	20:00:25	/	10:38	
17	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	276	110.4	20:59:18	126.2	11:24	
18	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	265	106.0	20:54:57	121.7	11:50	
19	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	256	102.4	19:10:16	/	11:13	
20	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	253	101.2	13:45:57	/	08:09	
21	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	252	100.8	20:59:10	115.2	12:29	
22	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	250	100.0	17:46:25	/	10:39	
23	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	249	99.6	20:56:10	114.2	12:36	
24	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
25	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	196	78.4	20:58:30	89.8	16:03	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	115	46.0	18:11:41	/	23:43	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	