

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO							
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F					
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km
1	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	156	62.4	06:58:44	214.6	06:42
2	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	146	58.4	06:59:03	200.6	07:10
3	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	134	53.6	06:58:03	184.6	07:47
4	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	126	50.4	06:58:52	173.3	08:18
5	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	108	43.2	06:57:05	149.0	09:39
6	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	108	43.2	06:57:49	148.8	09:40
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	81	32.4	06:52:46	113.0	12:44

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	172	68.8	06:59:51	235.9	06:06	
2	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	171	68.4	06:58:19	235.4	06:06	
3	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	163	65.2	06:59:15	223.9	06:25	
4	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	157	62.8	06:57:36	216.5	06:38	
5	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	157	62.8	06:57:56	216.5	06:39	
6	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	155	62.0	06:57:32	213.8	06:44	
7	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	151	60.4	06:58:45	207.6	06:55	
8	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	150	60.0	06:57:48	206.9	06:57	
9	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	149	59.6	06:59:49	204.5	07:02	
10	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	148	59.2	06:58:30	203.8	07:04	
11	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	148	59.2	06:59:51	203.0	07:05	
12	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	143	57.2	06:56:45	197.8	07:17	
13	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	143	57.2	06:57:05	197.5	07:17	
14	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	137	54.8	06:58:28	188.6	07:38	
15	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	135	54.0	06:57:15	186.5	07:43	
16	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	131	52.4	06:58:16	180.5	07:58	
17	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	130	52.0	06:57:05	179.5	08:01	
18	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	123	49.2	06:57:14	169.9	08:28	
19	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	114	45.6	06:58:10	157.0	09:10	
20	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	113	45.2	06:57:19	156.0	09:13	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	110	44.0	06:54:44	152.9	09:25	
22	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	109	43.6	06:58:25	150.0	09:35	
23	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	107	42.8	06:56:40	147.8	09:44	
24	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	107	42.8	06:58:40	147.1	09:46	
25	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	96	38.4	06:57:34	132.5	10:52	
26	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	93	37.2	05:52:48	/	09:29	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	90	36.0	06:56:39	124.3	11:34	
28	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	88	35.2	06:58:26	121.2	11:53	