

24Ore individuale parziale M/F

24h - Team

Evento		24X1H DI SARONNO								
Data Ora di Stampa		08/06/2024		24Ore individuale parziale M/F						
Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	FOSSATI MARIA ILARIA-2419	1972	SF50	BG795 BERGAMO STARS ATLETICA	342	136.8	19:59:25	164.2	08:46	
2	NOTARNICOLA IDA PAOLA-2429	1981	SF40	BG795 BERGAMO STARS ATLETICA	322	128.8	19:57:02	155.0	09:17	
3	VERGOTTINI GIADA-2427	1990	SF	VA193 G.A.P. SARONNO	265	106.0	19:57:52	127.4	11:18	
4	MEMOLI LUISA-2404	1970	SF50	BS176 ROSA RUNNING TEAM	253	101.2	19:57:28	121.7	11:49	
5	BIROLINI LAURA MARIA-2428	1962	SF60	MI645 RUNNERS DESIO	237	94.8	19:55:43	114.2	12:36	
6	GAGLIARDI ASTRID-2410	1978	SF45	BG795 BERGAMO STARS ATLETICA	189	75.6	09:02:37	/	07:10	
7	PARIMBELLI DANIELLA-2408	1961	SF60	BG772 ASD ATLETICA STEZZANO	128	51.2	12:01:59	/	14:06	

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Pos.	Cognome Nome	Anno	Cat.	Team	Giri	Km	Tempo	Proiez.	min/km	
1	PANIGADA MICHELE-2401	1977	SM45	MI265 ROAD RUNNERS CLUB MILANO	420	168.0	19:57:50	202.1	07:07	
2	MARAZZI MASSIMO-2422	1962	SM60	MI695 VERDE PISELLO GROUP MILANO	401	160.4	19:58:50	192.7	07:28	
3	CANETTA FILIPPO-2430	1972	SM50	MI968 RUNAWAY MILANO A.S.D.	398	159.2	19:59:52	191.0	07:32	
4	MONEGATO PIER GIUSEPPE-2406	1965	SM55	VA598 RUNNING SARONNO	392	156.8	19:59:11	188.4	07:38	
5	COSTI FABIO-2409	1972	SM50	BG795 BERGAMO STARS ATLETICA	355	142.0	19:58:12	170.6	08:26	
6	SANGALLI ANGELO-2417	1979	SM45	MI645 RUNNERS DESIO	353	141.2	19:56:14	169.9	08:28	
7	TALLARITA ANTONIO-2431	1960	SM60	AG495 ATLETICA LICATA	336	134.4	19:58:30	161.5	08:55	
8	BOCCHI FABRIZIO-2426	1965	SM55	VA287 PODISTI VALLE OLONA	332	132.8	19:56:13	159.8	09:00	
9	TEDALDI GIAN MARCO-2415	1978	SM45	PR515 A.S.D. 3T	331	132.4	19:59:58	158.9	09:03	
10	GARGANO DANILO-2421	1970	SM50	MI555 G.S. AVIS - SEREGNO	311	124.4	19:58:12	149.5	09:37	
11	DI BARTOLO FILIPPO-2403	1969	SM55	VA697 POLISPORTIVA SALUS GERENZANO	292	116.8	19:52:34	141.1	10:12	
12	SEBASTIANI FRANCESCO-2432	1976	SM45	GR432 ASD TRACK & FIELD MASTER GROSS	289	115.6	19:56:31	139.2	10:21	
13	VALENTI PAOLO-2413	1951	SM70	MI265 ROAD RUNNERS CLUB MILANO	289	115.6	19:57:03	139.0	10:21	
14	SAVIELLO PAOLO-2405	1968	SM55	BS176 ROSA RUNNING TEAM	285	114.0	19:59:54	136.8	10:31	
15	ROSSI STEFANO-2433	1976	SM45	BS278 ATL. CARPENEDOLO	282	112.8	19:22:23	/	10:18	
16	MORELLI ALBERTO-2423	1969	SM55	MI645 RUNNERS DESIO	281	112.4	19:55:43	135.4	10:38	
17	MICHELETTI LUCIANO-2420	1956	SM65	BG795 BERGAMO STARS ATLETICA	266	106.4	19:58:31	127.9	11:15	
18	CAPECCI FRANCESCO-2416	1946	SM75	AP034 COLLECTION ATLETICA SAMBENEDET	256	102.4	19:10:16	/	11:13	
19	PAVAN GIULIANO-2435	1952	SM70	BG795 BERGAMO STARS ATLETICA	255	102.0	19:57:06	122.6	11:44	
20	BACCHI ANTONIO-2412	1987	SM35	MI851 IMPOSSIBLE TARGET	253	101.2	13:45:57	/	08:09	
21	MARTINELLI LUIGI-2411	1963	SM60	VA193 G.A.P. SARONNO	250	100.0	17:46:25	/	10:39	
22	LUCIDI GIORDANO-2414	1950	SM70	AN032 ATL. JESI	237	94.8	19:55:49	114.2	12:36	
23	SACCO LUIGI-2418	1982	SM40	NA993 TERRA DELLO SPORT A.S.D.	236	94.4	19:57:39	113.5	12:41	
24	MARZOLI MAURIZIO-2407	1967	SM55	BG795 BERGAMO STARS ATLETICA	202	80.8	09:29:22	/	07:02	
25	CASTOLDI STEFANO-2425	1970	SM50	MI819 ALZAIA NAVIGLIO RUNNERS	185	74.0	19:57:02	89.0	16:10	
26	PAGLIALONGA DANIELE-2424	1961	SM60	VA193 G.A.P. SARONNO	121	48.4	09:17:49	/	11:31	
27	GRILLO STEFANO-2434	2000	SM	MO578 MODENA RUNNERS CLUB ASD	115	46.0	18:11:41	/	23:43	
28	DONEGA' DIEGO-2402	1967	SM55	CO040 G.S. ROVELLO PORRO	113	45.2	09:34:24	/	12:42	