

EVENT INFORMATION – RULES 2027

ART 1. ORGANIZING COMMITTEE

Sport PRO-MOTION A.S.D. organize the XXVIII Mezza Due Laghi (further MDL) on SUN 11.04.2027.

Organizing Committee (further OC): Sport PRO-MOTION A.S.D. - Via Maurizio Muller, 37 - 28921 Verbania Intra (VB), Italia
MDL@pro-motion.it - www.MEZZA2LAGHI.it

ART 2. REGISTRATION OFFICE

Registration by EVODATA S.r.l., enquires about registration: MDL@evodata.it

ART 3. RULES ACCEPTANCE - PRIVACY POLICY - IMAGE RIGHTS

Every participant declare, by registering to the XXVIII MDL held on SUN 11.04.2027, to fully accept present regulation. Participants declares also to provide correct and true information/data (Italian art. 2 law 04/01/1968 n° 15 as modified with art. 3 comma 10 law 15/05/1997 n° 127) discharging the OC for any responsibility, both civil and criminal liability, caused by participating at the race. The OC can modify event regulation at any time to ensure safety for participants and public publishing variations on www.MEZZA2LAGHI.it. Participants declares to have read and accepted data processing and image rights conditions published on section "PRIVACY" at www.MEZZA2LAGHI.it.

NON COMPETITIVE RACES

To register at distances part of the event and be covered by insurance, all participants will be automatically affiliated to a promotional sport club for SUN 11.04.2027. Every participant hereby declares: "To accept an fully acknowledge event rules and to be 18 years old on race day, be aware that participating at one of the distances part of the MDL and/or sport events in general is a potential risk activity if the person is not well trained and in good physical condition. To be conscious that all participants must hold a sport agonistic medical certificate valid on race date, to enter the race consciously assuming full responsibility for all risks arising from participation as falls, contacts with vehicles, other participants, spectators or items, any weather conditions including extreme heat, cold and/or humidity, traffic and road conditions and any type of risk known and evaluated by myself. By subscribing to MDL, I declare to know and respect these rules and to entirely accept the following waiver of liability; being aware of this, considering the acceptance of my entry application, I, for myself only and not on behalf of anyone else, fully raise the OC, the promotional sport club, promoters, councils along the course, Province of Verbania Intra, Region Piedmont, all sponsors, representatives, successors, officers, directors, members, agents and employees of companies mentioned above, from all present and future claims for liability of any kind, known or unknown, consequential to my participation at the event.

ART 4. EVENT PROGRAMME

Time variation will be possible due to organizational reasons.

Courses part of the MDL are "category A" certified by WA/AIMS/FIDAL; courses with signs at every KM.

START schedule:

09.00 am Half Marathon START/FINISH Gravellona Toce (VB), Sport Centre "Pala CIPIR"
09.00 am 10 KM START Gravellona Toce (VB), Sport Centre "Pala CIPIR" - FINISH Mergozzo (VB), KM 10

ART 5. ELIGIBILITY - REQUIRED DOCUMENTATION

COMPETITIVE RACES (All Distances)

Participants must be 18 yrs old (Half Marathon) and 16 yrs old (10 KM) on SUN 11.04.2027.

Holder Runcard FIDAL*

- Agonistic Medical Certificate (template on www.MEZZA2LAGHI.it section "Registration/Download Area") valid on SUN 11.04.2027
- Runcard FIDAL

Member Sport Clubs from National Athletic Federation recognized by World Athletics

- Self-declaration attesting membership to a Sport Club recognized by National Federations (template on www.MEZZA2LAGHI.it section "Registration/Download Area")

NON COMPETITIVE RACES

Participants must be 18 yrs old on SUN 11.04.2027.

Half Marathon

- Liability Waiver (template on www.MEZZA2LAGHI.it section "Registration/Download Area")

10 KM

- None

***NOTE:** Runcard FIDAL (Italian Athletic Federation) is a compulsory card to compete at agonistic races in Italy for athletes not members of foreign Sport Clubs and it is comprehensive of insurance. Runcard FIDAL subscription (www.runcard.com) is valid for one year at any Italian road running competition and must be valid on race day; respecting Runcard FIDAL rules it is full responsibility of the athlete.

ART 6. REGISTRATION - MAX N° PARTICIPANTS

Registration will close at 1.500 participants or by the OC unquestionable decision.

ENTRY FEES - MAX N° PARTICIPANTS

HALF MARATHON	SLOT 01-250	SLOT 251-500	SLOT 501-1200	VILLAGE
MAX 1200	€ 45,00	€ 50,00	€ 55,00	€ 65,00
10 KM	SLOT 01-50	SLOT 51-100	SLOT 101-300	VILLAGE
MAX 300	€ 30,00	€ 35,00	€ 40,00	€ 50,00

SERVICES INCLUDED

BIB	Disposable chip	Showers	Medical Assistance	Pacemaker Service
Official Gadget	FINISHER Medal	Changing Rooms	Race Certificate	Third Part Insurance
Deposit/Transport Clothes Bag	Refreshment/Sponge Points	Timing Points	WC	Clothes Bag
Shuttle BUS (10 KM)				

ON-LINE By 07.04.2027 at 23.59 pm
On www.MEZZA2LAGHI.it with easy, fast and secure system.
Registration with payment by credit card or PAYPAL (commission applied).

VILLAGE 10-11.04.2027 (only cash payment)
Providing: Registration form fulfilled/undersigned
Supplementary documents required (see art. 5)

ART 7. REFUND - REGISTRATION TRANSFER - VARIATION

REFUND

Fee refund are not possible; in case of event cancellation due to major forces, the OC will not reimburse entry fees but will evaluate the transfer to next edition.

REGISTRATION TRANSFER

Athletes who cannot participate has the option "Transfer Registration Fee" to MDL 2028 to the same distance selected at MDL 2027. Requests to be send via e-mail to MDL@pro-motion.it by 21.03.2027 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Transfer Paul Bright MDL 2028/Half Marathon").

Applicants must apply again their registration for MDL 2028 within 30 days prior the event.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Stresa (VB), Italy:

IBAN: IT 40 P030 6945 6801 0000 0009 349 – SWIFT/BIC: BCITITMMXXX

VARIATION: RACE DISTANCE/ NAME

It will be possible to variate "Race Distance / Name" with requests to be send via e-mail to MDL@pro-motion.it by 21.03.2027 attaching a payment receipt worth € 10,00 commission fee (on payment order specify exp. "Variation: Race Distance / Name").

In case of race variation to a longer distance it will be necessary to pay the cost difference based on registration fees valid on day of request; vice versa if the distance will decrease there will be no refund.

Bank Transfer (participants must cover commission fees) to Sport PRO-MOTION A.S.D. - Banca Intesa Sanpaolo ag. Stresa (VB), Italy:

IBAN: IT 40 P030 6945 6801 0000 0009 349 – SWIFT/BIC: BCITITMMXXX

ART 8. BIB /RACE KIT COLLECTION - DELEGATION

THU 08.04.2027, every participant will receive by e-mail the "CONFIRMATION LETTER"; this file must be saved in a digital format on a mobile device and provided alongside with the ID to collect the BIB.

BIB DISTRIBUTION

VILLAGE MDL – Sport Centre "Pala CIPIR" – Via Trattati Di Roma, Gravellona Toce (VB).

SAT 10.04.2027 10.00 am – 07.00 pm

SUN 11.04.2027 07.00 am – 08.30 am

DELEGATION

On SAT 10.04.2027, it will be possible to delegate a third person to pick-up BIB numbers; the appointed person must provide:

- Confirmation Letter printed/undersigned in original by delegating person + Delegation (attached to confirmation letter)
- ID copy of delegating person.

ART 9. BIB - CHIP - TIMING

No BIB replacement available in case of loss.

BIB/CHIP are strictly personal not transferable to third person. It is responsibility of every participant to endorse BIB/CHIP and it is forbidden to modify it. Participants running without or modified BIB/CHIP will be disqualified and persecuted by sport and law authorities. Rankings done considering the official gun time; chip sensors will detect also the "Real Time" for each participant completing the race. Intermediate time will be recorded along the courses; participants not detected by these timing points or other points along the course monitored by race officials, will be automatically disqualified.

ART 10. START SECTORS

The OC will verify best times (PB) indicated during registration; following START sectors will be available based on best times with entrance allowed from:

Half Marathon/10 KM: 08.30 am

COMPETITIVE RACES:

SECTOR	DISTANCE	BIB RANGE	SECTOR	DISTANCE	BIB RANGE
A	Half Marathon	01 - 999	B	Half Marathon	1000 - 1999
	10 KM	5000 - 5999		10 KM	6000 - 6999
C	Half Marathon	2000 - 2999	D	Half Marathon	3000 - 3999
	10 KM	7000 - 7999		10 KM	8000 - 8999

NON COMPETITIVE RACES:

SECTOR	DISTANCE	BIB RANGE
E	21K	4000 - 4999
	10K	9000 - 9999

ART 11. PARKING

SUN 11.04.2027 all pay parking in Gravellona Toce and Mergozzo will be free of charge for participants by placing, on car window, bottom part of the **CONFIRMATION LETTER** with the sign "P".

ART 12. TRANSPORT - SHUTTLE BUS 10 KM

ATTENTION! The OC provides only POST RACE transportation from the FINISH AREA 10 KM (Entrance Campeggio "CONTINENTAL" - Via 42 Martiri, 156 - Verbania Fondotoce) direction START AREA 10 KM (Sport Centre "Pala CIPIR" - Via Trattati di Roma - Gravellona Toce).

Service operating between 10.00 am to 11.30 am.

SUN 11.04.2027 participants of 10 KM can use, free of charge by showing their BIB, shuttle BUS connecting the FINISH AREA (Mergozzo) with the START AREA (Gravellona Toce).

ART 13. TIME LIMIT

At queue of Half Marathon race, there will be a "RACE END" vehicle; participants wishing to complete the race also if outside time limit, should take off their BIB and proceed as pedestrians following the Italian Road Code at their own responsibility.

Race Time Limits: **Half Marathon - 3h00' / 10 KM - 1h30'**

The OC will not guarantee road closures after following times when traffic will reopen; time limit last runner and traffic reopening at:

5° Km	0h45' - traffic reopen at 09.45 am	10° Km	1h30' - traffic reopen at 10.30 am	15° Km	2h15' - traffic reopen at 11.15 pm
20° Km	2h50' - traffic reopen at 11.50 am	FINISH	3h00' - traffic reopen at 12.00 pm		

ART 14. REFRESHMENT - SPONGE POINTS

To protect the environment, every participant will receive one sponge to be carried for the entire race; we kindly ask participants to throw garbage near refreshment points to facilitate cleaning procedures. Below positions can be subject to variation due to organizational needs.

As per WA/AIMS/FIDAL rules there will be refreshment points, with indication of their placement (R=right or L=left), at KM 5.5 (L) - 10.0 (R) - 15.0 (R) - FINISH; at refreshment points will be available solid food (fruits) and drinks (water, isotonic drink and tea in case of low temperatures). In case of high temperatures there will be also sponge points at KM 7.5 (R) - 12.5 (R) - 17.5 (R).

ART 15. SHOWERS - WC

Showers are located at Sport Centre "Pala CIPIR"; WC available at START/FINISH Areas and at refreshment points along the course.

ART 16. FIRST AID - WITHDRAWAL

Participants out of time limit overpassed by "RACE END" vehicle must take off their BIB and proceed as pedestrians following the Italian Road Code.

Medical assistance and first aid stations will be available at START/FINISH of every race with ambulances along the course and at the queue of the race. Athletes pulling out from the race should reach the nearest refreshment/sponge point and wait for the first aid team or the "RACE END" vehicle.

ART 17. PACEMAKERS

Pacemaker service will help only participants at competitive half marathon race to achieve their time target. Final target time available (**3 PACER/GROUP**):

1h25' (avg cca. 4'00"/Km) - **1h30'** (avg cca. 4'15"/Km) - **1h35'** (avg cca. 4'30"/Km) - **1h40'** (avg cca. 4'44"/Km) - **1h45'** (avg cca. 4'58"/Km) - **1h50'** (avg cca. 5'12"/Km) **1h55'** (avg cca. 5'27"/Km) - **2h00'** (avg cca. 5'41"/Km) - **2h10'** (avg cca. 6'10"/Km) - **2h20'** (avg cca. 6'38"/Km)

ART 18. CHANGING ROOMS

Changing rooms not supervised; the OC denies any liability for lost, damaged or stolen items.

Changing Rooms are located at Sport Centre "Pala CIPIR".

ART 19. DEPOSIT/TRASPORT CLOTHES BAG

The OC denies any liability for lost, damaged or stolen items; we recommend to not leaving any valuable items inside clothes bags.

Only bags supplied by the OC are accepted; along with BIB participants will receive a clothes bag with an adhesive label to be applied on it.

Half Marathon:

Clothes bags to be left on stand inside Sport Centre "Pala CIPIR".

Delivery: from **07.45 am** to **08.45 am**

10 KM:

Clothes bags to be delivered inside trucks and re-collect it at the FINISH AREA.

Delivery: from **07.45 am** to **08.45 am**

ART 20. AWARDS - RESULTS - CERTIFICATE

Awards are only for competitive races; no prize delivery after 12.00 pm on SUN 11.04.2027.

Rankings/race certificates available on www.MEZZA2LAGHI.it.

AWARD CEREMONY

Award ceremonies will take place at Sport Centre "Pala CIPIR" in Gravellona Toce with following timetable:

11.00 am	1-2-3 Position Man/Woman Overall Ranking Half Marathon
11.15 am	1-2-3 Position Man/Woman Overall Ranking 10 KM
11.30 am	1 st Position Man/Woman Age Categories Half Marathon/10 KM
11.00 am – 12.00 pm	Delivery Prizes Age Categories Half Marathon/10 KM

INDIVIDUAL PRIZES AGE CATEGORIES HALF MARATHON*

First three classified of following male/female age categories will be awarded with shopping coupons or sport products:

PROMISES - SENIORES 23 (Unique Category) - SM/SF 35/40/45/50/55/60/65/70 and over.

INDIVIDUAL PRIZES AGE CATEGORIES 10 KM*

First classified of male/female age categories will be awarded with shopping coupons or sport products:

PROMISES - SENIORES 23 (Unique Category) - SM/SF 35/40/45/50/55/60/65/70 and over.

* Not cumulative with General Ranking Prize Money

ART 21. VEHICLE ALONG THE COURSE

Complying with local government ordinance, vehicles (including bicycles) not permitted on racecourse; breaches of the ordinance will be punished by law.

ART 22. YOUR PICTURES

Race pictures available on race website www.MEZZA2LAGHI.it.

ART 23. HOW TO REACH US

PLANE: Milano Malpensa airport at about 60 Km

www.sea-aeroportoimilano.it

Shuttle BUS from/to Milan Malpensa or Milan Bergamo airports (booking requested)

www.comazzibus.com

www.safduemila.com

CAR: Highway A8 "Dei Laghi" with link to A26/E62 direction "Sempione" recommended exit:

GRAVELLONA TOCE: START/FINISH AREA - VILLAGE

www.autostrade.it

TRAIN: Direct connection from Milan, Turin, Geneva and Zurich. Train stop Verbania.
www.trenitalia.com
BUS Verbania train station – Gravellona Toce Centre
www.vcotrasporti.it