

EVENT REGULATIONS

RIDE

SOUTH GARDA BIKE REGION

Saturday 10 October 2026 · Castelnovo del Garda (VR), Italy

English translation. *In case of discrepancy, the Italian version of these regulations prevails.*

1. Event name and date

The cycling event named **RIDE – South Garda Bike Region** will take place on **Saturday 10 October 2026** in the municipality of Castelnovo del Garda (VR) and neighbouring municipalities. The Event is an opportunity to discover the hinterland of the southern shore of Lake Garda by bike: the morainic hills, the vineyards of Custoza and the gravel roads along the river Mincio, in a landscape of great beauty.

2. Organisation

The Event is organised by the **Municipality of Castelnovo del Garda** (Comune di Castelnovo del Garda), Piazza degli Alpini 4, 37014 Castelnovo del Garda (VR), Italy. The technical organisation is carried out by Ciaocycling on behalf of the Municipality.

For information, clarifications or any communication regarding the Event, please write to **info@southgardabikeregion.it**.

3. Venue and routes

The Event starts and finishes at **Lido Campanello**, on the Verona shore of the southern part of Lake Garda, in the municipality of Castelnovo del Garda. Participants can choose between three routes:

- **Graspo del Moro – 37 km**
- **Colli del Garda – 75 km**
- **Dai Colli al Mincio – 110 km**

All routes run on a mix of secondary paved roads, gravel roads, farm tracks and cycle paths, on roads open to traffic.

GPX tracks of all routes will be made available to registered participants before the Event.

4. Who can take part

RIDE – South Garda Bike Region is a **non-competitive** cycling tourism event, open to anyone with a gravel bike, mountain bike or e-bike, regardless of level or club membership. There is no timekeeping.

The minimum age to take part is **18 years**. Participants under 18 are admitted only if accompanied for the entire route by a responsible adult, who signs their registration and the related liability declaration.

5. Registration

Registration takes place exclusively through the **ENDU** platform (www.endu.net). Registration for the Event is **free of charge**.

Registration opens on **Friday 28 August 2026** and closes on **Friday 9 October 2026**. On-site registration on the morning of the Event is also possible, subject to availability.

At the finish it will be possible to **have lunch on site for € 10**, with a plate of tortellini and a drink, in a meat or vegetarian version. Lunch is optional, must be booked through a dedicated **Google form** — the link will be sent

to registered participants and published on the Event channels — and is paid directly on site on the day of the Event.

Registration includes:

- access to the feed stations along the route
- GPX tracks of the routes

Lunch at the finish is **not included in the registration**: it must be booked separately through the Google form and paid on site.

No medical certificate is required, as this is a non-competitive cycling tourism event. Each participant is responsible for assessing their own physical fitness for the route they choose.

6. Event format and rules of conduct

Wristband collection at Lido Campanello opens **at 7:00 a.m.**. The start is a **“French start”**, that is, a free start: each participant sets off whenever they prefer, **from 8:00 a.m. until 10:00 a.m.**, after collecting their wristband. Lunch will be served in the finish area from the return of the first participants.

The Event takes place on roads open to traffic. All participants must strictly comply with the Italian Highway Code for the entire duration of the Event and behave in a spirit of fair play towards other participants, volunteers, drivers and anyone they meet along the route.

Participants are required to:

- wear an approved protective helmet, correctly fastened, for the entire route
- display the identification wristband issued at registration
- respect road signs and the instructions of the Event staff and volunteers

Participants are strongly advised to carry working front and rear lights, a GPS device or smartphone with the route loaded, and a charged phone for emergency communications.

7. Safety and medical assistance

The Event takes place on roads open to traffic: roads are not closed to vehicles and participants must pay the utmost attention to ordinary traffic.

The organisation provides a **medical post with an ambulance** in the start and finish area, active **from 8:00 a.m. to 3:00 p.m.**. Participants may finish their route after that time, bearing in mind that the medical post is no longer active after 3:00 p.m.

No dedicated medical assistance is provided along the route: in case of need, participants should call the national emergency number (112) and, to contact the organisation, the emergency number communicated to all registered participants before the start.

The routes are not signposted along the road: navigation is exclusively by means of the GPX track provided by the organisation. Each participant must load the track onto their GPS device or smartphone in advance and study the chosen route before setting off.

8. Support and feed stations

Feed stations with water, drinks and food are provided along the routes:

- **Graspo del Moro – 37 km**: one feed station
- **Colli del Garda – 75 km**: two feed stations
- **Dai Colli al Mincio – 110 km**: two feed stations, with a possible third one along the route

The exact location of the feed stations will be communicated to registered participants before the Event and marked on the GPX track.

At the finish, at Lido Campanello, all participants will find water with mineral salts and a snack. Those who have booked lunch can collect their plate in the dedicated area.

No mechanical assistance is provided by the organisation, either along the route or in the event area. Each participant must be self-sufficient in dealing with any mechanical problems and carry the equipment needed for minor repairs: a spare inner tube, a pump and basic tools. No broom wagon or recovery service is provided along the route.

9. Rankings and prizes

RIDE – South Garda Bike Region is a non-competitive cycling tourism event. There is no timekeeping, no ranking, no prize-giving, no cash prizes, medals or trophies. The aim is to offer all participants a day on the bike in the southern Lake Garda area, celebrating the pleasure of riding, the discovery of the area and the conviviality at the finish.

10. Liability and insurance

When registering, each participant signs a liability declaration stating that they take part in suitable physical and mental condition, that they know and accept these regulations, and that they release the Municipality of Castelnovo del Garda and all parties involved in the organisation from any liability for damage to persons or property arising from their participation.

The Event is covered by **third-party liability policy (RCT) no. K24IT004855** taken out by the Municipality of Castelnovo del Garda with **X Insurance Company SE**. Participants are nevertheless advised to check that they are adequately covered by their own insurance policy for cycling.

Participation is at the sole responsibility of each participant, who must at all times behave prudently and in compliance with the Italian Highway Code.

11. Respect for the environment

The Event crosses an area of great landscape and agricultural value. Littering along the route is strictly forbidden: every participant must carry their own waste — gels, bars, bottles — to the collection points at the feed stations or in the finish area.

Particular care is required when riding on gravel roads, tracks and farm lanes, respecting flora, fauna, crops and private property. The use of single-use plastic tableware at the feed stations will be kept to a minimum.

12. Communications, images and personal data

Official communications regarding the Event are published through the South Garda Bike Region channels and sent by e-mail to registered participants at the address given at registration. Information on parking, access and final organisational details will be sent to participants in the days before the Event.

Photographs and video footage, including drone footage, will be taken during the Event for documentation and for the promotion of the Event and of the area. By registering, participants authorise the use of images portraying them for these purposes, with no time limit and without any fee.

Personal data is processed in accordance with EU Regulation 2016/679 (GDPR), exclusively for the management of registrations and communications relating to the Event. The data controller is the Municipality of Castelnovo del Garda.

13. Changes and cancellation

The Event takes place in any weather conditions. The organisation reserves the right to change the routes, the timetable or the format of the Event should reasons of safety, traffic or public order make it necessary, giving prompt notice to registered participants.

The Event may only be cancelled or postponed in the case of a red weather alert issued by the competent authorities, orders from the authorities, or other causes of force majeure.

As registration is free of charge and lunch is paid directly on site, in the case of cancellation no refund is due and no amount is charged to participants.

14. Acceptance of the regulations

Taking part in the Event implies full acceptance of these regulations in all their parts.

Comune di Castelnovo del Garda

Piazza degli Alpini 4 · 37014 Castelnovo del Garda (VR) · info@southgardabikeregion.it

Technical organisation: Ciaocycling · South Garda Bike Region